**PATIENT STORY - CHRONIC DVT**

Dale Johnson leads a fairly healthy, active life. He routinely bikes his 34-mile round trip work commute and has participated multiple times in long-distance cycling events. However, in December of 2013 that activity stopped abruptly. Dale was diagnosed with a Deep Vein Thrombosis (DVT) in his leg that extended above his knee. Doctors treated his DVT by placing him on anticoagulants. After coming home from the hospital and a few weeks of rest, Dale started to resume physical activity. In March of 2014, his anticoagulant therapy was discontinued.

By April, Dale started experiencing leg pain so severe that he was having difficulty sleeping. Doctors determined that the clots had never fully resolved and had actually gotten worse since his initial DVT symptoms in December.

He was placed back on anticoagulants in April but his symptoms did not get better. He tried multiple times to resume physical activity. Each time he experienced severe pain and, almost immediately, his leg would “swell up like a tree trunk.” His chronic DVT was taking away his active lifestyle and he was becoming increasingly fearful that these symptoms wouldn’t get better.

While doing some research on DVT treatment, Dale discovered EKOS®. After consultation with a specialist, at the Dotter Institute for Interventional Treatment at Oregon Health and Science University (OHSU), he decided to try EkoSonic® Endovascular System therapy.

In May of 2014, Dale was treated using balloon dilatation and EKOS® therapy at OHSU. Following the treatment, Dale immediately felt a difference. His swelling went down, his pain subsided and physicians determined that by the end of the treatment, 70% of his clot had been resolved. At his one month follow up appointment, physicians determined that his clot was 90% resolved.

“Leading up to the procedure, there was a lot of anxiety. But, simply put, EKOS® gave me back my active life,” Dale explained. “The EKOS® therapy effectively treated my DVT – even though it had been there for a while. Part of my clot was more than six months old. If I look at where I was in May 2014 and where I am today, there has been a massive improvement.”

Within a few weeks of treatment Dale had resumed running and biking with no pain or swelling. It’s now been three years since Dale’s treatment, he’s ran the Hood-to-Coast twice and completed a century bicycle ride. “I am so happy I discovered and went forward with the EKOS® treatment,” Dale stated.

**About the ACCESS PTS Study**

In the 2017 ACCESS PTS study of 73 chronic DVT patients treated with EKOS® therapy, using the ACCESS PTS treatment regimen, the mean Villalta Score, measuring the signs and symptoms of post-thrombotic syndrome, reduced by 35.5% (P=0.003) and the study met the primary efficacy endpoint of reduction in VS of >4.¹ The mean quality of life score for chronic DVT patients in the study improved by 21%.¹ The ACCESS PTS study saw one major bleed at 72hrs and one pulmonary embolism within 30 days which met the study’s safety endpoint.¹


For Healthcare Professionals

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